# Mt Seymour Ski & Snowboard School Bear Cubs Program Volunteers 2016 – 2017

Thank you for volunteering to assist with Mt Seymour's Bear Cubs Program for skiers and snowboarders ages 4-7. Volunteers are needed to assist instructors and to help in different areas of the program. The Bear Cubs Program operates mornings and afternoons on weekends and holidays from Dec. 12<sup>TH</sup> to Mar. 28<sup>TH</sup> and on Wednesday evenings from January 11<sup>th</sup> to March 1<sup>ST</sup>

In return for volunteering your time and commitment, Mt. Seymour provides a full Staff season pass, training and staff benefits.

## **Volunteer Program Options**

### A. Complimentary Staff Pass.

- For a minimum of 80 hours on-hill volunteering throughout the season plus 2 training days –volunteers will receive a complimentary staff season pass & Seymour Shuttle Bus Pass.
- Volunteer shifts that are available for you to work are listed below:
  - A. AM session 8:30am to 1:30pm
  - B. PM session 11:30 to 4:30pm
  - C. Full session 8:30am to 4:30pm
  - D. Wednesday session 4:00pm to 6:30pm
- You may select any combination of AM, PM, evenings or all day shifts to fulfill your commitment.
- · Volunteers will receive approximately 16 hours of training, including orientation training
- Total Commitment: 80 hours volunteering plus 16 hours training

# B. Complimentary Staff + Family Pass (over 19s)

- For a minimum of 100 hours on-hill volunteering throughout the season plus 2 training days volunteers will receive a complimentary staff season pass & Seymour Shuttle Bus Pass plus a family
  pass for immediate family members. (some restrictions apply)
- Volunteer shifts that are available for you to work are listed below:
  - A. AM session 8:30am to 1:30pm
  - B. PM session 11:30 to 4:30pm
  - C. Full session 8:30am to 4:30pm
  - D. Wednesday session 4:00pm to 6:30pm
- You may select any combination of AM, PM, evenings or all day shifts to fulfill your commitment.
- Volunteers will receive approximately 16 hours of training, including orientation training
- Total Commitment: 100 hours volunteering plus 16 hours training.

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#### **Volunteer Duties**

- Arrive on time.
- Commit to volunteer for either the AM Bear Cub Session, the PM Bear Cub Session or volunteer for the whole day.
- Submit your commitment sheets to the volunteer coordinator and keep the office updated if you make any changes to your schedule.
- Sign In and Sign out in the Volunteer Binder Located in the Bear's Den this will be used to track your commitment hours.
- Set up the Bear Bowl in the morning with all the equipment.
- Clean up Bear Bowl and tidy up at the end of the PM session.
- Assist with dressing of Bear Cub Program participants with boots, skis, helmets and bibs.
- Participate in warm up games with the Bear Cub participants.
- Assist instructors either in the Bear Bowl teaching area, or out on the hill.
- Assemble and clean up instructional aids.
- Maintain Bear's Den cleanliness and tidiness.
- Be aware of Mt. Seymour's products and services.
- Participate in volunteer training sessions.
- Maintain a polite and professional attitude while on the mountain.

### **Training**

Training will be conducted over two days, Sunday the 27th November and Sunday the 4th of December.

- The first Sunday (27<sup>th</sup> of November) will be all theory based in the Earl Plestch meeting room. Starting at 10:00am and finishing at 3:00pm. This day will cover off all the theory based training. Complete required forms and process volunteer staff passes.
- The second Sunday (4<sup>th</sup> of December) will be the practical on snow component. Conducted in the Bears Den learning area where you will be volunteering a majority of the season. Starting at 10:00am and finishing at 2:00pm. Training will cover off on correct operation of the magic carpet in the Bear Bowl, loading students onto chairlifts and fitting boots and skis to students. Along with activities conducted in the learning area and building.
- A shuttle bus will be available on both days to get up and down the mountain. With one trip up in the morning leaving from outside Parkgate Library. Then returning back down in the afternoon to Parkgate Library.

# **Volunteer Program Benefits**

- All staff benefits outlined in the volunteer handbook and employee perks sheet.
- Uniform.
- Space to leave your equipment up at the mountain (at your own risk).