**Calling all Volunteers**

**Rideau Manor is looking for compassionate caring young adults to build relationships with residents**

**We have opportunities for all days of the week, helping with all kinds of programs. If you have an interest in volunteering with seniors please fill out an application form and drop it off to Rideau Manor today!**

**Must be 15 years or older**

**Must complete a criminal record check**

**Must commit to 3 months of services**

For further information, contact

Ali Vrzal - Wellness and Vitality Supervisor

**604.291.1792**

**a.vrzal@amica.ca**